



**Appletree**  
Medical Group



**Appletree**  
Medical Group

## Treat Your Acne Today


Acne consultations are available  
by appointment or by walk-in.




**AppletreeMedicalGroup.com**



**Acne**

Book by Phone 

Book Online Via our Patient Portal 

**Manage & Treat Your  
Acne With Appletree**

# Acne

## What is Acne?

Acne is the term for inflammation of the sebaceous glands. It results in plugged pores, pimples and even deeper lumps that occur on the face, neck, chest, back, shoulders and upper arms.

## What Causes Acne?

Several factors contribute to the development of acne, including hormone levels and genetics. The condition can also be aggravated by the following:

- Stress
- Environmental factors
- Hormonal changes

## What Can Be Treated at Appletree?

During an acne appointment, the physician will review previous treatment plans you may have had, current treatments and will discuss your goals in managing and treating your acne.

Improvements in acne treatment over the past five years have made even the most difficult acne cases treatable, and have produced excellent long-term results.

## What To Expect



### Book Your Appointment

Acne clinics are available at select Appletree Medical Centres for walk-in visits or appointments. You can also book through Virtual Care to meet with a physician from your home or office.



### During the Appointment

The doctor will review your treatment options, which may include oral medications, topical medications and a skin care routine.



### After Your Appointment

You will be required to book a follow-up visit. Access our Patient Portal and view your medical history or to reschedule upcoming appointments.

## Treat Your Acne Condition



✓ Virtual Care



✓ In-Clinic



✓ Telemedicine

